



Lifelong Learning Program

LLP.ECU.EDU



SPRING 2025



Thank You to Our Sponsors!

The Lifelong Learning Program at East Carolina University® (ECU) offers exciting learning opportunities in a fun engaging environment. Our purpose is to connect, engage and inspire the eastern North Carolina community by providing interesting and enriching courses, workshops, and lectures, stimulating speakers, enjoyable trips, and more!

Sponsors of the ECU Lifelong Learning Program reach our audience of retired community members, educators, and community influencers who are intensely loyal to community engagement, educational enrichment, and lifelong learning. Your support allows us to keep the high-quality, low-cost cultural programming vibrant and secure for the Eastern NC community!

Membership Benefits

Access Member Only courses

Enjoy discounts on Lifelong Learning courses, trips and events

Opportunity to obtain an ECU 1card, ask for a form when you join

Utilization of services at ECU Joyner, Laupus, and Fletcher Libraries

Utilization of ECU Transit

Contact Us

Lifelong Learning Program East Carolina University

Willis Building, Mail Stop 310
Greenville, NC 27858

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Telephone: 252-328-9198 (option 2)

Email: llp@ecu.edu | **Website:** LLP.ecu.edu

Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the ADA coordinator at least 48 hours prior to the event at 252-737-1018/ada-coordinator@ecu.edu.

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ECU Lifelong Learning



ECULifelongLearning

Welcome to the Lifelong Learning Program at **EAST CAROLINA UNIVERSITY!**

Greetings!

Welcome to ECU's Spring 2025 Lifelong Learning Program (LLP)! East Carolina University's motto is to serve our region; our Lifelong Learning Program serves the community by offering affordable learning experiences in a relaxing atmosphere, without entrance requirements, exams, or grades. Participants are encouraged to tap into the rich intellectual and cultural resources of the University, area experts, and talented peers who are willing to share their expertise and valuable insight with you. This gateway to learning will also provide a setting for making new friends and developing new social networks within our community.

This Spring we offer 20 courses, and 4 special events and trips. LLP members and volunteers make this program special; we appreciate your shared time, knowledge, and enthusiasm working with our team and program. We would like to thank our members for your continued participation and welcome new members, friends, and family. We hope you will consider joining the LLP community by engaging with us through courses, volunteerism, and social networking. To that end, we have exciting courses, trips, and special events for everyone to consider. Our course selection will immerse you in literature, culture, history, science, religion, and an exciting return to creative arts to stimulate your mind and keep you engaged.

As we kickoff this Spring semester, we will start planning programming for Fall 2025. The continued success of our program depends on our members and volunteers participating in the courses, trips, and events we offer. Whether you have talent or interest that you would like to share as an LLP instructor, or suggestions on how to grow membership, please reach out to our team by email or phone. We encourage everyone to visit our website to make course and instructor suggestions: llp.ecu.edu, click Volunteer and Propose a Course or scan our QR Code to reach the website.

Thank you for your continued support and engagement with this program. We look forward to being a part of your desire to continue Lifelong Learning!



Meet the LLP Coordination Team!



Annette Kariko
Director
Continuing &
Professional Education



Heather Payne
University Program
Specialist



Lauryn Pittman
Admin Support Associate



Hari Aligineni
Graduate Student



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Marketing

Table of CONTENTS

03	CREATIVE ARTS
05	CULTURE & RELIGION
05	HEALTHY AGING & RETIREMENT
07	HISTORY, SCIENCE & GOVERNMENT
08	TECHNOLOGY
09	LITERATURE
10	SPECIAL EVENTS & TRIPS
12	MONTH-AT-A-GLANCE
17	CLASS LOCATIONS PARKING
18	SPECIAL THANK YOU
19	VOLUNTEER FOR A COMMITTEE
21	REGISTRATION FORM



NEW

Cyanotype: The Art and Science of Camera-less Photography

Instructor: Angela Wells

Register By: April 4

Join this workshop to learn about cyanotypes and how to create your very own! Cyanotype photography is a camera-less technique that involves laying an object on paper coated with a solution of iron salts before exposing it to UV light and washing with water to create stunning white and Prussian blue images. This technique, established by Sir John Herschel in 1842, was used to illustrate Anna Atkins's botany books in 1843.

Member: \$25 / Non Member: \$35 Maximum 15 participants

Day: Friday	Date: April 11	Time: 9:00 AM - 12:00 PM	Location: Willis Auditorium
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Easy Card Making | Valentine's Day Edition

NEW

Instructor: Susie Shelton

Register By: January 30

Are you looking for a creative, gentle way to keep yourself connected to others & do something nice for them? In this special Valentine's Day Edition make-and-take workshop, you will learn to make cards with quality supplies and fun instruction. Class fills quickly, so sign up early!

Member: \$25 / Non Member: \$35 Maximum 7 participants

Day: Thursday and Friday	Dates: February 6 and 7	Time: 1:00 PM - 3:00 PM	Location: Willis Conference Room
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Memoir Writing

Instructor: Gloria Schwartz

Register By: January 27

Writing your memoirs can be a gift for both you and your family. In this course we'll explore the how-to of writing your life stories via Memoir Writing.

Writing memoirs is about capturing the stories from your past and personal history, sharing them in your own words to reflect on the moments and experiences that have shaped your life.

Writing encourages you to ask questions of those who can still share answers about your family and heritage, helping you preserve those stories for your children, future generations, and yourself. Writing can be fun, therapeutic, and very rewarding for us. It's better than reading a book, because you are creating a book, with new pages with every class.

Member: \$40 (Members Only) Maximum 15 participants

Day: Monday	Dates: Jan 27, Feb 10, 24, March 10, 24, April 21, May 5	Time: 9:30 AM - 12:00 PM	Location: Willis Conference Room
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CREATIVE ARTS

Silk Painting Workshop

NEW

Instructor: Emerge Gallery & Art Center

Register By: February 26

Silk painting is the unique art of applying dyes directly on silk fabric. Students will make and take a silk project without the need for previous knowledge. Materials will be provided as well as information to order their own supplies for working from home.

Member: \$15 Member / \$20 Non Member

Maximum 8 participants

Day: Wednesday	Date: March 5	Time: 10:00 AM - 11:30 AM	Location: Emerge Gallery & Art Center
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The Neon Lights: A Study of Broadway Musicals

Instructor: Andrea Peters

Register By: January 29

Broadway theater is an important part of American culture, which evolved into off Broadway and movie musicals. We will explore the history of the evolution of the genre and watch excerpts from many well-loved productions. Students will have the opportunity to request favorite ballads and dance numbers.

Member: \$10 / Non-Member: \$30

Maximum 35 participants

Day: Wednesday	Dates: February 5, 12, 19	Time: 2:00 PM - 3:30 PM	Location: Willis Auditorium
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The Stories of Beloved Hymns and Spirituals

Instructor: Andrea Peters

Register By: March 27

Saint Augustine said he who sings prays twice. The words of our hymns are prayers, and when we sing them, we add to them a further dimension of honor and praise. We will look at the history of Spirituals and the stories behind favorite religious songs. Students will have the opportunity to suggest hymns and can sing along if the spirit moves them.

Member: \$10 / Non-Member: \$30

Maximum 35 participants

Day: Thursday	Date: April 3 and 10	Time: 1:00 PM - 3:00 PM	Location: Willis Auditorium
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CULTURE AND RELIGION

Cryonics: Buried, Burned, or ... Frozen

NEW
Instructor: Calvin Mercer
Register By: February 6

Preserving the body so it can be revived in the future may seem kooky and fringe. We'll dive deeper: my visit to the leading cryonics organization, where I was given access to the processing labs and storage units; how some sign up for a few dollars a month; why the annual conference, where I spoke, is filled with young professionals, medical doctors, and other experts in technical fields; what is really going on here and how it relates to unfolding trends in society; and why I predict a boom in sign-ups.

Member: \$10 / Non-Member: \$20
Maximum 35 participants

Day: Thursday	Date: February 13	Time: 10:00 AM - 11:30 AM	Location: Willis Auditorium
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What is Islam All About?

Instructor: Maliha Farhadi
Register By: April 2

Islam is a monotheistic religion founded in the 7th century CE in the Arabian Peninsula. It is based on the belief in one God, Allah, and the teachings of the Prophet Muhammad, who is regarded as the final messenger of God. The sacred text of Islam is the Quran. Islam emphasizes values such as compassion, justice, and accountability, and has over 1.5 billion followers worldwide, making it the second-largest religion globally. Its diverse traditions and cultures span many regions, contributing richly to global civilization.

Course topics will include the life and ministry of Muhammad, the Qur'an, the central beliefs, status of women in Islam and diversity in Islam.

Member: \$10 / Non-Member: \$20
Maximum 15 participants

Day: Wednesday	Dates: April 9, 16, and 23	Time: 10:30 AM - 12:30 PM	Location: Willis Conference Room
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HEALTHY AGING AND RETIREMENT

Bringing the Library to You

NEW
Instructor: Vanessa Reyes, Vatoia Gardner, Kathy Lohr
Register By: April 23

Join us for an informative session led by Ms. Vatoia Gardner, the ECU Joyner Library Education Reference Librarian from the Teaching Resource Center, along with Dr. Vanessa Reyes from the ECU Master's in Library Science Program and Dr. Kathy Lohr from the ECU Adult Education Program. This session will bring the library experience directly to you and highlight the extensive resources available at the ECU Joyner Library.

The session will cover a variety of library resources and foster a discussion on healthy ways to age with technology. Participants will gain insights into the offerings of the ECU library while engaging in this vital conversation on navigating technology in later years. This is a valuable opportunity to enhance your information literacy and discover how the library can support your lifelong learning journey.

Member: \$10 (Members Only)
Maximum 35 participants

Day: Wednesday	Date: April 30	Time: 10:00 AM - 12:00 PM	Location: Willis Auditorium
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HEALTHY AGING AND RETIREMENT

Puzzles Boost Brain Power: Discover the Joy of Slitherlinks

Instructor: James Wirth

Register By: March 28

Step into the fascinating world of Slitherlinks puzzles—an engaging and satisfying way to exercise your mind while having fun! With just a few simple rules, Slitherlinks deliver endless hours of mental stimulation, rewarding your logical thinking and problem-solving skills. In this class, you'll learn to master these delightful puzzles, creating single, unbroken loops on a grid of dots.

Whether you're a seasoned puzzler or just getting started, this experience will spark joy, sharpen your mind, and connect you with others who love a good mental challenge. Unwind, recharge, and have fun—Slitherlinks are your next brain-boosting adventure!

Slitherlinks was introduced in 1989 by Nikoli, the renowned Japanese publisher that gave Sudoku its name. Please bring your laptop or tablet.

Member: \$10 / Non-Member: \$20

Maximum 15 participants

Day:
Fridays

Date:
April 4, 11, 25, and May 2

Time:
1:00 PM - 2:00 PM

Location:
Willis Conference Room

Rock, Paper, Scissors: Lifelong Learning for Healthy Aging

NEW

Instructor: Kathy Lohr

Register By: February 26

In this session, I take an age-old game and overlay it on learning across the life course, showing how each element (rock, paper, scissors) relates to healthy aging. From cradle to grave, our habits and activities impact us biologically, psychologically, and socially. Genetic predispositions and accumulated disadvantage from socioeconomic and cultural forces factor in but there is much we can do to support our own healthy aging including rooting out internalized ageism. Participants will understand how education and learning impact aging across the life course. The rock, paper, scissors model is an easy-to-remember model for balancing and engaging in learning at any life stage.

Member: \$10 / Non-Member: \$20

Maximum 15 participants

Day:
Wednesday

Date:
March 5

Time:
2:00 PM - 3:00 PM

Location:
Willis Conference Room

Solo Aging- Lunch & Learn

NEW

Instructor: Tamyra Jovel

Register By: February 21

Many adults fall into the group of "Solo Agers". If you are an individual (or a couple) who have no children, are living alone after death or divorce or, if you have family and children but they live far away, this is the program you don't want to miss. There is never a guarantee that our children will step in to help as we age. A significant number of older adults are aging without children. These are a few of the reasons it's so important to take the time to plan for your future financial security, socialization and so much more. Aging solo means it is essential to plan for future needs and determine who will be on your team to help. This program will provide much-needed planning resources for "solo agers" so we can all be prepared in a way that allows us to age gracefully.

Member: \$15 / Non-Member: \$25

Maximum 35 participants

Day:
Thursday

Date:
February 20

Time:
11:00 AM - 1:00 PM

Location:
Willis Auditorium

Lake Phelps Canoes: Their History and Preservation

NEW

Instructor: Daniel Lowery

Register By: February 20

In 1986, four canoes were recovered from Lake Phelps in Pettigrew State Park in eastern North Carolina. These canoes were treated with sugar as a bulking agent to prevent serious damage upon drying. After many years of being stored in uncontrolled conditions, some of these canoes have become unstable with sugar leaching to the surface and crystallizing. This causes major concerns for the long-term preservation of these artifacts. A graduate of East Carolina's Anthropology Program researched and devised a method for treating this problem. A topical application of reagent alcohol and water has proven effective at dissolving the sugar back into the canoes. This presentation will discuss the advantages and disadvantages of treating waterlogged archaeological wood with sugar, using the Lake Phelps canoes as a case study, reviewing their history, treatment, and retreatment.

Member: \$10 / Non-Member: \$20

Maximum 35 participants

Day: Thursday	Date: February 27	Time: 11:00 AM - 12:00 PM	Location: Willis Auditorium
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The Drama and Trauma of the 2024 Election

NEW

Instructor: Thomas Eamon

Register By: April 2

It was a wild and unpredictable political year in presidential politics. People of many persuasions professed gloom over the future. Polarization was the word used most frequently to describe the situation in the US. The presidential candidates, loved by some and loathed by others, were unorthodox. Though polls were the most consistent ever, few campaigns have taken such twists and turns. I will be attempting to explain the background, the drama, and the long-term impact of the battles of 24.

Member: \$10 / Non-Member: \$20

Maximum 35 participants

Day: Wednesday	Date: April 9	Time: 1:00 PM - 2:00 PM	Location: Willis Auditorium
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The Kizilburun Column Wreck: A Late Hellenistic Marble Carrier

NEW

Instructor: Kimberly Kenyon

Register By: March 13

During the 1st century BC, a Roman ship struck the rocks at a remote promontory near the modern-day city of Izmir on Turkey's Aegean coast and sank in 150 feet of water. From 2005-2011, the Institute of Nautical Archaeology under the direction of Dr. Deborah Carlson at Texas A&M University excavated the remains of the ship. The primary cargo consisted of 50 tons of marble destined for an unknown temple. Maritime archaeologist Kimberly Kenyon shares her experiences helping to excavate such a monumental cargo and discusses the exciting research that helped determine the origin and destination for this ill-fated voyage. - NC Department of Natural and Cultural Resources

Member: \$10 / Non-Member: \$20

Maximum 35 participants

Day: Thursday	Date: March 20	Time: 11:00 AM - 12:00 PM	Location: Willis Auditorium
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HISTORY, SCIENCE, AND GOVERNMENT

What You Would Have Learned in School About American History Had You Been Paying Attention

NEW

Instructor: Polk Culpepper

Register By: January 27

Join Polk Culpepper for a book study on American history. Class participants will read, "Lies my Teacher Told Me," by James W. Loewen and engage in group discussion each month. Designed to introduce participants to little known and generally overlooked facts about American history, this class offers a great opportunity to learn more while challenging assumptions. You'll find this book and this class revelatory and exciting. James W. Loewen's book champions the cause of critical thinking in the age of fake news; nearly 2 million copies have been sold.

Participants must purchase or visit your local library to check out a copy of the book.

Jan - Chapters 1-3, Feb - Chapters 4-6, March - Chapters 7-9, April - Chapters 10-13

Member: \$5 / Non-Member: \$20

Maximum 15 participants

Day: Tuesdays	Dates: January 28, February 25, March 25, April 29	Time: 10:00 AM - 11:30 AM	Location: Willis Conference Room
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TECHNOLOGY

Ask Me Anything, Happy Grandma Senior Tech Support

NEW

Instructor: Richard Langley

Register By: January 30

Do you have questions about your technology? Join Richard Langley with Happy Grandma, Senior Tech Support for a relaxed, no-judgment session where you can ask anything and get clear, simple answers.! Whether it's sending emails, downloading apps, or just making your gadgets behave, we're here to help! Bring your device, and let's take the mystery out of technology—together! During this monthly, members only session we'll tackle your challenges, one question at a time.

Member: \$5 (Members Only)

Maximum 15 participants

Day: Fridays	Dates: January 31, February 28, March 28, April 25	Time: 2:00 PM - 3:00 PM	Location: Willis Conference Room
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A Healthier U @ Your Library: Using Your Mobile Device to Find Quality Health Information on the Internet

Instructor: Jeffrey Coghill

Register By: April 3

This workshop will introduce students to free quality consumer health resources that are available online and easily accessible through mobile devices. The course will include online in-class activities using quality consumer health resources using their mobile devices. Topics will include:

- Using an easy tool to critically evaluate the quality of health websites & apps
- Using online health resources on a mobile browser
- The Top Ten Health, Fitness, & Nutrition Apps

Member: \$10 (Members Only)

Maximum 15 participants

Day: Thursday	Dates: April 10	Time: 10:00 AM - 11:00 AM	Location: Willis Conference Room
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Mystery Book Club

Instructor: Richard Imbimbo

Register By: February 12

What keeps you up at night? Is it a really good, edge of your seat mystery that leaves you unsettled and unable to sleep?

In this course we will explore the differences between mystery, terror, and suspense. We will read 4 novels with 3 selected by the group during our first meeting. Additionally, at the first meeting, everyone should have read and come prepared to discuss Agatha Christie's, "The Murder of Roger Ackroyd," her most controversial novel that forever turned the mystery genre on its' head. The group may also decide on some other activities outside of the scheduled class time, such as watching a movie based on one of our novels, holding a murder mystery dinner/lunch, playing a murder mystery game (remember CLUE??).

Member: \$5 / Non-Member: \$20

Maximum 15 participants

Day:	Date:	Time:	Location:
Wednesdays	February 19, March 19, April 16, May 7	1:00 PM - 2:30 PM	Willis Conference Room

Women's Book Club

Instructor: Gloria Schwartz

Register By: January 28

Attention all book-lovers! Have you ever read a book and longed to have someone to talk to about it? Well, here is your chance to do just that!

Join this Women's Book Group and come together to discuss a different book each month. Being part of the group gives members the opportunity to make new friends and expand the scope of your reading.

Member: \$5 (Members Only)

Maximum 15 participants

Day:	Date:	Time:	Location:
Tuesday	February 4, March 4, April 1, May 6	10:00 AM - 12:00 PM	Willis Conference Room

The Ted Weil History Book Club

Instructor: Don Clement

Register By: February 3

The Ted Weil History Book Club welcomes those who seek a deeper understanding of the past and its influence on today. We select nonfiction books that reveal events, people, and/or trends of historical interest and importance. Members are responsible for obtaining books. Our selection for February 10 is Since Yesterday: The 1930s in America by Frederick Lewis Allen.

This past year we have read such works as The Shortest History of England, Founding Brothers: The Revolutionary Generation, Differ We Must: How Lincoln Succeeded in a Divided America, Westmoreland: The General Who Lost Vietnam, and A Fever in the Heartland: The Ku Klux Klans Plot to Take Over America, and the Woman Who Stopped Them

Member: \$5 / Non Member \$20

Maximum 15 participants

Day:	Date:	Time:	Location:
Mondays	February 10, March 10, April 14	1:00 PM - 2:30 PM	Willis Conference Room

Valentine's Wine Tasting at Firefly Wine Shop

Thursday, February 13

Register By: February 3

Treat yourself to a fun filled Pre-Valentine's Day wine tasting event. You'll enjoy a flight of wine paired with chocolates and a lovely charcuterie board. Sommelier Brenda Drake will share her love for wine with you at Firefly Wine Shop. Bring a friend, a date, or enjoy this event with LLP friends!

Member: \$20 / Non-Member: \$40 Maximum: 18 participants

Register By: February 6

Time: 3:30 PM - 4:30 PM

Location: Firefly Wine Shop, 3110 S. Evans St. Greenville, NC 27834

Airlie Gardens in Bloom: Take a Walk Back Through Time! Guided Historic Tour

Friday, March 7

Instructor: Hannah Seibert

Join us on a beautiful trip to the Airlie Gardens in Wilmington, NC. Our group will enjoy a private, docent-led, history tour through paved paths. The tour is scheduled at the peak spring bloom time and includes an overview of the garden's rich history. This tour has a mild pace and plenty of time to enjoy the scenery, take photos, and ask questions without being rushed. After the tour we will visit a waterfront restaurant and enjoy a classic Wilmington meal. This day trip includes bus transportation, departing from ECU Willis building at 8:00am and returning by 5:00pm.

8:00 am	Arrivals & Load the Bus at Willis Building
8:15 am	Departure
10:30 am	Arrive at Airlie Gardens in Wilmington
12:30 pm	Local Waterside Lunch & Explore
4:00 pm	Arrive at the Willis Building

What's Included?

Transportation and tour.

Member: \$25 / Non-Member: \$60

Maximum: 35 participants

Day: Friday

Register By: February 28

Time: 8:00 AM - 4:00 PM

Location: Airlie Gardens, Wilmington, NC



SPECIAL EVENTS & TRIPS

The North Carolina Museum of Art (NCMA) Special Exhibit The Time Is Always Now: Artists Reframe the Black Figure

Friday, March 21

Join the Lifelong Learning program on an excursion to the North Carolina Museum of Art to see their special exhibit! Organized by the National Portrait Gallery in London and curated by Ghanaian-born and UK-based writer and curator Ekow Eshun. The NCMA is the final venue for this exhibition.

The title, *The Time Is Always Now*, references an essay on desegregation by American writer James Baldwin (1924–1987). Organized around three themes—double consciousness, the persistence of history, and our aliveness—the exhibition showcases works by contemporary artists including Michael Armitage, Jordan Casteel, Lubaina Himid, Kerry James Marshall, Wangechi Mutu, Toyin Ojih Odutola, and Amy Sherald.

This collective assertion and interest in figuration and representation, examining both the presence and absence of the Black figure in art history, transcends geographical boundaries. Through their work these artists invite a shift in the dominant art historical perspective from “looking at” the Black figure to “seeing through” the eyes of Black artists and the figures they depict. Their artworks illuminate the richness, joy, beauty, and complexity of Black life.

NCMA

8:30 am	Arrivals & Load the Bus at Willis Building
9:00 am	Departure
11:00 am	Arrive at NCMA & Tour
12:30 pm	Local Lunch & Explore
4:00 pm	Arrive at the Willis Building

Member: \$25 / Non-Member: \$60

Maximum: 35 participants

Register By: March 14

Time: 8:30 AM - 4:00 PM

Location: North Carolina Museum of Art

What's Included? Transportation and tour.

Tour of Coastal Studies Institute & Roanoke Island Maritime Shad Boat History

Friday, May 2

Instructor: John McCord

Lifelong Learners are embarking on a trip to the ECU Outer Banks Campus, home of the Coastal Studies Institute (CSI)! We will experience this unique site conducting world class education, research, and outreach for coastal and marine science through a guided tour of the facilities.

We will interact with CSI faculty and staff and learn about the fascinating work happening on ECU's coastal campus. The experience includes on-the-water boat program highlighting the beauty of the estuary, our coastal ecosystems, and how CSI scientists studying them. Join us for a fun-filled, educational experience at the coast!

Maritime Tour on the Water at the Coastal Studies Institute

7:30 am- 7:50 am-	Arrivals & Load the Bus at Willis Building
8:00 am-	Departure
10:15 am	Arrive at CSI
10:30 am -12:30 pm	Tour and Programming
12:30 pm - 1:15 pm	Boxed Lunch - Catering

Afternoon Excursion

1:45	Maritime Shad Boat History, Manteo
3:00 pm	Ice Cream Break & Depart
5:00 pm	Arrive at the Willis Building

What's Included?

Transportation and tour.

Member: \$25 / Non-Member: \$60

Maximum: 35 participants

Day: Friday

Register By: April 25

Time: 7:30 AM - 5:00 PM

Location: ECU Coastal Studies Institute,
Roanoke Island

MONTH AT A GLANCE

JANUARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		01 ECU Closed	02	03
06	07	08	09	10
13	14	15	16	17
20 Martin Luther King Jr. Holiday ECU Closed	21	22	23	24
27 Memoir Writing WCR 9:30am -12:00pm	28 What You Would Have Learned in School About American History Had You Been Paying Attention -WCR 10:00-11:30am	29	30	31 Ask Me Anything, Happy Grandma Senior Tech Support 2:00-3:00pm

WCR: Willis Conference Room
WBA: Willis Building Auditorium

FEBRUARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03	04 Womens Book Club-WCR 10:00am -12:00pm	05 The Neon Lights: A Study of Broadway Musicals-WBA 2:00 - 3:30 PM	06 Card Making: Valentine's Edition 1:00-3:00 PM WCR	07 Card Making: Valentine's Edition 1:00-3:00 PM WCR
10 Memoir Writing -WCR 9:30am -12:00pm Ted Weil History Book Club-WCR 1:00-2:30pm	11	12 The Neon Lights: A Study of Broadway Musicals-WBA 2:00 - 3:30 PM	13 Cryonics: Buried, Burned, or...Frozen 10:00-11:30am Valentine's Wine Tasting at Firefly Wine Shop 3:00-4:00 PM (At the Shop)	14
17	18	19 The Neon Lights: A Study of Broadway Musicals-WBA 2:00 - 3:30 PM Mystery Book Club-WCR 1:00-2:30pm	20 Solo Aging 11:00am-1:00pm LUNCH and LEARN	21
24 Memoir Writing WCR 9:30 am -12:00pm	25 What You Would Have Learned in School About American History Had You Been Paying Attention -WCR 10:00-11:30am	26	27 Lake Phelps Canoes: Their History and Preservation-WBA 11:00am-12:00pm	28 Ask Me Anything, Happy Grandma Senior Tech Support 2:00pm-3:00 pm

WCR: Willis Conference Room
WBA: Willis Building Auditorium

MONTH AT A GLANCE

MARCH 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03	04 Womens Book Club-WCR 10:00am -12:00pm	05 Silk Painting 10:00 - 11:30 am Emerge Art Gallery Rock, Paper, Scissors: Lifelong Learning for Healthy Aging 2:00-3:00pm - WCR	06	07 A Tour Through History at Airlie Gardens in Bloom! 7:30am- 4:30pm
10 Memoir Writing -WCR 9:30am -12:00pm Ted Weil History Book Club-WCR 1:00-2:30pm	11 ECU Spring Break	12 ECU Spring Break	13 ECU Spring Break	14 ECU Spring Break
17	18	19 Mystery Book Club-WCR 1:00-2:30pm	20 The Kizilburun Column Wreck: A Late Hellenistic Marble Carrier-WBA 11:00am-12:00pm	21 NCMA Trip The Time Is Always Now: Artists Reframe the Black Figure 8:00am-4:00pm
24 Memoir Writing -WCR 9:30am -12:00pm	25 What You Would Have Learned in School About American History Had You Been Paying Attention -WCR 10:00-11:30am	26	27	28 Ask Me Anything, Happy Grandma Senior Tech Support 2:00pm-3:00 pm

WCR: Willis Conference Room
WBA: Willis Building Auditorium

APRIL 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	01 Womens Book Club-WCR 10:00am -12:00pm	02	03 A Healthier U @ Your Library: Using Your Mobile Device to Find Quality Health Information on the Internet 10:00-11:00am-WCR The Stories of Beloved Hymns & Spirituals-WBA 1:00-3:00pm	04 Puzzles Boost Brain Power: Discover the Joy of Slitherlinks- WCR 1:00-2:00pm
07	08	09 What is Islam All About? 10:30-12:30-WCR The Drama and Trauma of the 2024 Election-WBA 1:00pm-2:00pm	10 The Stories of Beloved Hymns & Spirituals-WBA 1:00-3:00pm A Healthier U @ Your Library: Using Your Mobile Device to Find Quality Health Information on the Internet 10:00-11:00am-WCR	11 Cyanotype Workshop: The Art and Science of Camera-less Photography 9:00am-12:00pm Willis Building Puzzles Boost Brain Power: Discover the Joy of Slitherlinks- WCR 1:00-2:00pm
14 Ted Weil History Book Club-WCR 1:00-2:30pm	15	16 What is Islam All About? 10:30-12:30-WCR Mystery Book Club 1:00-2:30pm-WCR	17	18 Holiday ECU Closed
21 Memoir Writing -WCR 9:30 am -12:00pm	22	23 What is Islam All About?-WCR 10:30-12:30pm	24	25 Ask Me Anything, Happy Grandma Senior Tech Support 2:00pm-3:00 pm Puzzles Boost Brain Power: Discover the Joy of Slitherlinks- WCR 1:00-2:00pm
28	29 What You Would Have Learned in School About American History Had You Been Paying Attention -WCR 10:00-11:30am	30 Bringing The Library to You 10:00am-12:00pm WBA		

WCR: Willis Conference Room
 WBA: Willis Building Auditorium

MONTH AT A GLANCE

MAY 2025

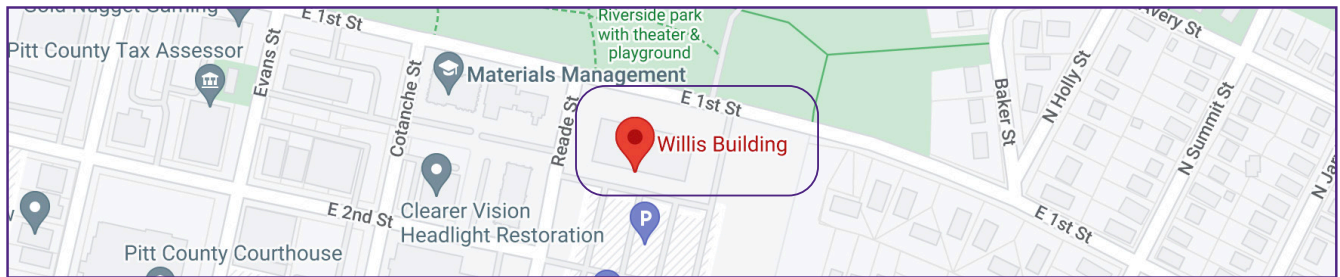
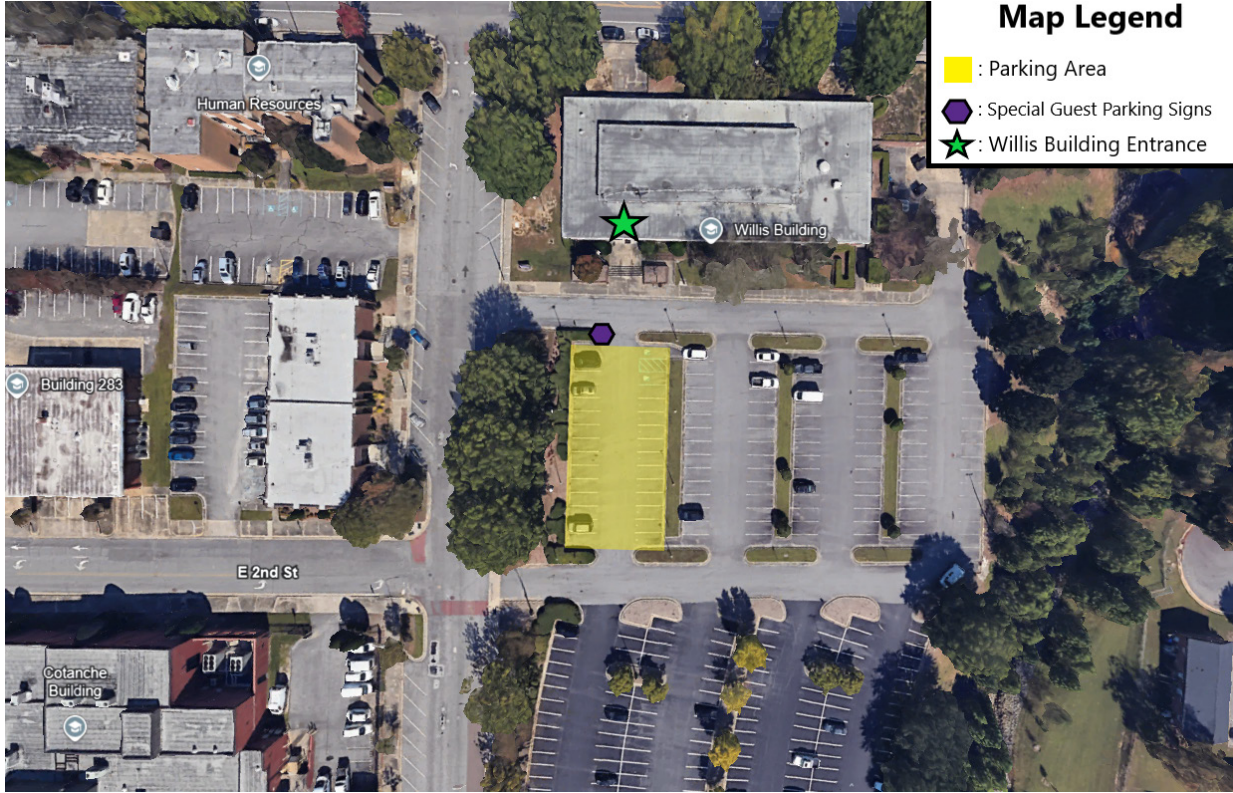
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			01	02 Tour of Coastal Studies Institute & Roanoke Island Maritime Shad Boat History 7:30 am -5:00pm Puzzles Boost Brain Power: Discover the Joy of Slitherlinks- WCR 1:00-2:00pm
05 Memoir Writing -WCR 9:30am -12:00pm	06 Womens Book Club-WCR 10:00am -12:00pm	07 Mystery Book Club-WCR 1:00-2:30pm	08	09 ECU Graduation!
12	13	14	15	16
20	21	22	23	24
27	28	29	30	31

WCR: Willis Conference Room
WBA: Willis Building Auditorium

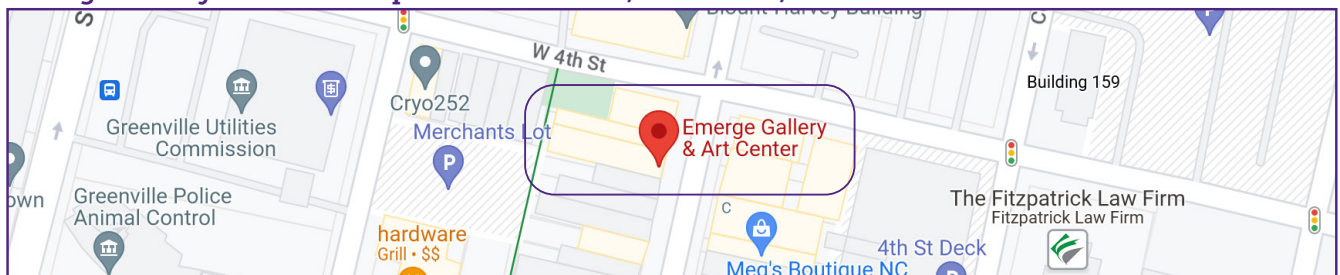
CLASS LOCATIONS & PARKING INFORMATION

Willis Building on ECU's Campus: 300 E 1st St, Greenville, NC 27858

The Willis building is located across from the Greenville Town Commons playground. The Willis parking lot is located just off Reade St. (one way). The Willis Building entrance is located on the parking lot side of the building (not the First Street side of the building).



Emerge Gallery on ECU Campus: 404 Evans St, Greenville, NC 27858



A SPECIAL THANK YOU!

Program Partners

Airlie Gardens
Coastal Studies Institute
College of Arts and Science, Philosophy & Religious Studies
College of Arts and Science, Political Science
College of Education, Department of Interdisciplinary Professions
Emerge Gallery and Arts Center
Happy Grandma Senior Tech Support
Joyner Library
Laupus Library
Mid-East Commission Area Agency of Aging
NC Department of Natural and Cultural Resources
North Carolina Museum of Art, NCMA
Roanoke Island Maritime Museum
School of Art and Design
University Advancement

Curriculum Committee

Phil Bullock	Vivian Mott
Patricia Dunn	Gloria Schwartz
Maliha Farhadi	Patricia Teasdale
Barbara Glatthorn	Nell Garner
Tamyra Jovel	

Instructors/Coordinators

Tamla Boone	Kathy Lohr
Don Clement	Daniel Lowery
Jeffrey Coghill	John McCord
Polk Culpepper	Calvin Mercer
Thomas Eamon	Andrea Peters
Maliha Farhadi	Vanessa Reyes
Brenda Drake	Gloria Schwartz
Richard Imbimbo	Suzie Shelton
Tamyra Jovel	Angela Wells
Richard Langley	James Wirth

Events Committee

Mary Hall	Andrea "Cookie" Thompson
Alice Keene	Jill Schaller



THE LIFELONG LEARNING PROGRAM & YOU!

The Lifelong Learning Program thrives due to the support of volunteers and members. Our program relies heavily on the volunteer efforts of members to keep functioning, grow, and improve, and to bring in new ideas. There are so many ways to get involved!

Join a Committee

We are seeking Committee Members and Volunteers. Would you like to join a committee? Tell us about yourself; why would you like to be involved and how would you like to contribute to the program?

Curriculum Committee

The Curriculum Committee members advise and help the Lifelong Learning Program recruit new and talented instructors, evaluate new and on-going courses, and provides instructor support.

Events Committee

The Events Committee members advise and develop a variety of events and encourage our members to get to know one another and build friendships. The committee organizes social functions by planning, hosting, and participating in the events.

Teach or Lead a Course

Would you like to share a skill or special interest with Lifelong Learning Program members and other adults in our community? Teaching or leading a course is an exciting opportunity and a valuable contribution to the program.

If you would like to connect us with excellent instructors, please contact us. You may submit a proposal for a course, workshop, lecture, special event, or trip using our online form:

<https://rede.ecu.edu/llp/volunteer/course-proposal/>



Course Host

Course hosts serve as liaison throughout the semester and assist in sessions by introducing instructors, making LLP announcements, by taking attendance, handing out materials, and other requests as needed. Guidance will be provided.

Contact Us!

Lifelong Learning Program
East Carolina University

Office Hours:

Monday - Friday

9:00am - 5:00pm

Telephone: 252-328-9198 (option 2)

Email: LLP@ecu.edu

Website: LLP.ecu.edu

LLP Program Adjustments & Cancellations

The Lifelong Learning Program reserves the right to cancel any course, event, or trip due to low enrollment and to substitute faculty or make other changes as needed.

In the event the Lifelong Learning Program cancels a course, event, or trip, attendees will be notified and given the choice of a refund or credit toward another course, event, or trip.

Inclement Weather

If ECU is closed due to inclement weather, all Lifelong Learning Program courses, events, or trips will be cancelled. Registered participants will be notified by email or phone.

Registration Cancellation: Refunds & Credits

To receive a refund, (less any program expenses accrued), notice must be given to the Lifelong Learning Program at least ten (10) business days before the course, event, or trip begins. A \$10 administrative fee will be charged for cancellations with refunds.

To receive a credit, (less any program expenses accrued), notice must be given to the Lifelong Learning Program at least ten (10) business days before the course, event, or trip begins. Credit may be applied toward another course, event, or trip. Members must use this credit by the end of the current membership year.



ECU Lifelong Learning Program, Spring 2025 Registration Form

First & Last Name: _____ **Job Title:** _____

Mailing Address: _____

City/State/Zip: _____

Primary Phone: _____ **Cell Phone:** _____ (Required for Trips)

Email: _____ **Send Me Email Updates**

Creative Arts	MEMBER	NON-MEMBER
Memoir Writing	\$40	Members Only
Cyanotype: The Art and Science of Camera-less Photography (NEW)	\$25	\$35
The Stories of Beloved Hymns and Spirituals	\$10	\$30
The Neon Lights: A Study of Broadway Musicals	\$10	\$30
Silk Painting Class (NEW)	\$15	\$20
Easy Card Making Valentine's Day Edition (NEW)	\$25	\$35

Culture & Religion	MEMBER	NON-MEMBER
Cryonics: Buried, Burned, or ... Frozen (NEW)	\$10	\$20
What is Islam All About?	\$10	\$20

Healthy Aging & Retirement	MEMBER	NON-MEMBER
Solo Aging - LUNCH and LEARN (NEW)	\$15	\$25
Bringing the Library to You (NEW)	\$10	Members Only
Rock, Paper, Scissors: Lifelong Learning for Healthy Aging (NEW)	\$10	\$20
Puzzles Boost Brain Power: Discover the Joy of Slitherlinks	\$10	\$20

Special Events & Trips	REGULAR MEMBER	NON-MEMBER
A Tour Through History at Airlie Gardens in Bloom! (Wilmington)	\$25	\$60
Tour of Coastal Studies Institute & Roanoke Island Maritime Shad Boat History (Wanchese and Manteo)	\$25	\$60
The Time Is Always Now: Artists Reframe the Black Figure (Raleigh)	\$25	\$60
Valentine's Day Wine Tasting at Firefly Wine Shop (Greenville)	\$20	\$40

History, Science & Government	MEMBER	NON-MEMBER
The Drama and Trauma of the 2024 Election (NEW)	\$10	\$20
Lake Phelps Canoes: Their History and Preservation (NEW)	\$10	\$20
The Kizilburun Column Wreck: A Late Hellenistic Marble Carrier (NEW)	\$10	\$20
What You Would Have Learned in School About American History Had You Been Paying Attention	\$5	\$20

Technology	MEMBER	NON-MEMBER
Ask Me Anything, Happy Grandma Senior Tech Support (NEW)	\$5	Members Only
A Healthier U @ Your Library: Using Your Mobile Device to Find Quality Health Information on the Internet	\$10	Members Only

Literature	MEMBER	NON-MEMBER
Mystery Book Club (NEW)	\$5	\$20
The Ted Weil History Book Club	\$5	\$20
Women's Book Club	\$5	Members Only

TOTALS	
Prorated Membership Fee - \$40	\$
Registration Fees Total	\$
GRAND TOTAL	\$

PRORATED MEMBERSHIP REGISTRATION:
January - July 31, 2025



Lifelong Learning Program
Willis Building, Office 300
Mail Stop 310
East Carolina University®
Greenville, NC 27858

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Greenville, NC

LIFELONG LEARNING PROGRAM

Spring Kickoff Event

Speaker Program, Instructor Tables, Course
Registration, Refreshments, Music

Saturday, January 25th

10:00am-2:00pm

East Carolina University

Willis Building

300 East 1st St, Greenville, NC 27858

Would you like to learn more about the
Lifelong Learning Program?

All are welcome to attend, registration is free.

Please RSVP via the QR Code or link below by
August 9th, if you plan to attend!
<https://go.ecu.edu/LLPSpringKickoff>

