



Resources

Online Grocery Shopping & Food Services

1. **Instacart** – *Delivers same day from Publix, Aldi, CVS Pharmacy, Sam’s Club, Petco, The Fresh Market, and Target.* They will also pickup the order you made online through Food Lion’s website and deliver it to you.
 - a. Cost:
 - i. \$7.99 for one-hour delivery or \$5.99 for two-hour or more delivery, though the price can increase during busy times. You can also buy a yearly membership for \$149 if you always plan on purchasing orders of \$35+. A tip (service fee) gets added automatically.
 - b. How to begin your order online:
 - i. Login or create an account at <https://www.instacart.com/>. You can use your email or FaceBook account
 - ii. Select the store you want to shop at
 - iii. Start a search for your item or scroll down to search by category
 2. **Food Lion** – Delivery and pickup available same day at some locations
 - a. Cost:
 - i. The first time placing a delivery order is free. Per their website, their prices are subject to change and all delivery orders must be \$10 or more.
 - ii. For orders over \$35: Pickup fee \$1.99, Delivery fee \$3.99 and \$5.99 to have the order delivered within an hour.
 - iii. For orders less than \$35: Pickup fee \$3.99, Delivery fee \$7.99 or \$9.99 to have the order delivered within an hour.
 - b. How to begin your order online:
 - i. Go to their website [here](#) and select how you would like to get your groceries - pickup or delivery (***Note: Food Lion does not deliver to the following zip codes – 28590, 27858, 27834**)
 - ii. Enter your zip code, select your store and select *Start Ordering*
 - iii. Double check that the home store you are ordering from is indeed where you intend on picking up your order by looking at the top left-hand corner of your screen under the *Food Lion to Go* icon
- DUE TO INCREASED DEMAND, SOME ITEMS
YOUR PERSONAL SHOPPER WILL ASSIST



Pickup AT Food Lion 1291 - Greenville AVAILABLE Mar 24, 1:00PM-2:00PM
- iv. Additional information about their online ordering, pickup and delivery service can be found on their FAQ page [here](#)



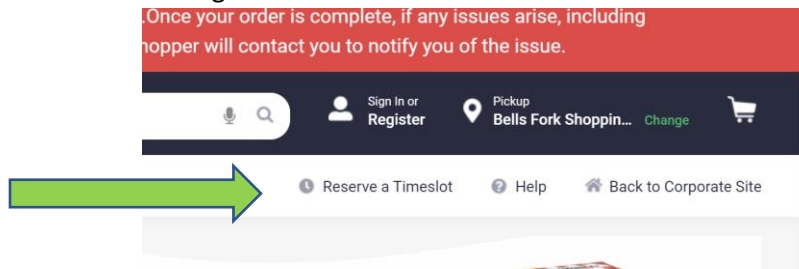
3. Harris Teeter – Delivery may not be available for all locations

a. Cost:

- i. Pickup service is \$4.95. (***Note:** Pickup available timeslots can be delayed for up to a week in some locations)
- ii. Delivery \$9.95 and a \$4.95 picking fee will also be added. For orders under \$50, delivery fee is \$11.95 and a \$4.95 picking fee will be added. The picking fee is waived for yearly and monthly subscribers. Monthly subscriptions are \$16.95/month and yearly subscriptions are \$99.95.

b. How to begin your order online:

- i. Enter your zip code for pickup services or your home address to see if you're eligible for delivery [here](#)
- ii. Select the store you wish to shop at
- iii. Sign in or register
- iv. Per their recommendation, Select an available time slot before you begin shopping by clicking *Reserve a Timeslot* in the navigation bar under the search and sign in area



- v. Start a search for your item or scroll down to search by category

4. Walmart – Delivery offered same-day for some locations

a. Cost:

- i. Pickup service is free at some locations
- ii. Order minimum of \$30 for delivery. First order is eligible for free delivery. Additional orders \$7.95 to \$9.95 per order. New service called Delivery Unlimited allows customers to avoid the per-order fee and instead pay a flat charge of \$12.95 monthly or \$98 annually.

b. How to begin your order online:

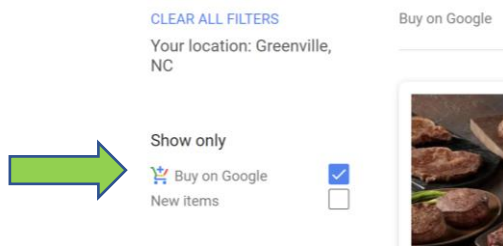
- i. Select your location from their list of location's that deliver [here](#)
- ii. Select *View Store Details* for the store you want to shop at (you will see the delivery hours during this process).
- iii. Select *Start Shopping Now* to begin shopping for pickup or select *Want it Delivered* and then *Start Shopping Now* to begin shopping for items to be delivered
- iv. Start a search for your item or scroll down to search by category
- v. When ready to checkout, select *Checkout* and either sign in or create an account,
- vi. Select *Continue to check out* and then choose a convenient pickup time or choose delivery. Follow additional prompts to continue to checkout

5. Take Out Pros – Restaurant delivery service for Greenville. Choose from a variety of restaurants

- a. Cost:
 - i. First time orders are free with code provided on their [website](#).
 - ii. Phone orders are charged an extra \$2.
 - iii. Minimum of \$10 worth of food before taxes, delivery fees and services fees for most restaurants.
 - iv. Delivery fees start at \$2.99. After 4 miles there is a distance fee of \$0.79 per mile added. For customers that live further than 15 minutes from the restaurant, they will be charged \$0.50 per minute over 15 minutes.
 - v. If you wanted to place an order from multiple restaurants, it is an additional fee charge for each additional restaurant
- b. How to begin your order:
 - i. Enter your zip code in the appropriate box on their [website](#) or you can call at (252) 762-3289
 - 1. If ordering online, pick a restaurant, create an account and begin ordering
 - 2. You will be able to see the approximate delivery times at time of ordering

6. Google Express – will give you the ability to shop in one place for a wide variety of items from different stores. Delivery times and dates vary

- a. Cost:
 - i. Free delivery for many purchases over \$15 (or \$25 to \$35, depending upon the retailer) – google will let you know if you qualify for free delivery during checkout
 - ii. If you do not order enough to qualify for free delivery, then you'll pay between \$5 to \$7 for delivery, depending upon whether the items are shipped by Google or the retailer
 - iii. There is no membership or subscription service so it has no annual or monthly fee
- b. How to begin your order online:
 - i. Explore the [Google Express storefront](#) in a web browser
 - ii. Search for items desired. You can either visit the site recommended from the search results to begin shopping online at that location or select to filter items in the left sidebar of the storefront that you can strictly buy from your Google account.



- iii. If ordering from Google, sign in when ready to checkout and follow additional prompts to complete the process. For the other locations, you'll have to create an account online to checkout.

Senior Shopping Hours:

Visit this [website](#) for a list of some of the major grocery chains and other stores offering dedicated hours set aside for members of vulnerable populations during this pandemic

1. Here are a few that were not on that list:
 - a. Walmart – 1 hour before it's stores are scheduled to open each Tuesday beginning March 24 and ending on April 28. The company recently adjusted its hours to 7am to 8:30pm.
 - b. Walgreens – Tuesdays from 8am – 9am. This time is also available to caregivers and immediate families. Customers 55 years and older will also get special discounts on Tuesdays.

Pharmacies and other services that will deliver prescriptions

1. **CVS (waiving delivery charges during pandemic)**
 - a. Make sure to check their [FAQ page](#) for all information relevant to the delivery of prescriptions
 - b. Go [here](#) to sign in or create an account and begin the process
2. **Walgreens Express**
 - a. Make sure to check their [FAQ page](#) for all information relevant to the delivery of prescriptions
 - b. Go [here](#) to sign in or create an account and begin the process
2. **Walmart Home Delivery Pharmacy**
 - a. To get your next refills delivered, call 1-800-273-3455 to speak to a pharmacy representative – M-F 8am to 8pm
 - b. More information about Walmart's Pharmacy Home Delivery can be found [here](#)
3. **Publix Pharmacy Delivery services**
 - a. Make sure to check their [FAQ page](#) for all information relevant to the delivery of prescriptions
 - b. Go [here](#) to sign in or create an account and begin the process
4. ECU Pharmacy Services will suspend all prescription deliveries beginning Wednesday, 3/25/20
 - c. They will be available for pickup at the ECU Pharmacy via drive-thru ONLY
 - d. Pharmacy location: 517 Moye Blvd, 252-744-2721, M-F 8:30am – 5:30pm

Food Pantries in Greenville

A list of food pantries in Greenville, North Carolina can be found [here](#)

Neighborhood Resources

1. [Nextdoor](#) – neighbors can connect make grocery runs for each other, etc. There is also an application for this program that can be downloaded on your smartphone.
2. Here's another [great list](#) of resources during the crisis